



# S.T.A.R. Templates

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# How to use this template

**This template has been created to help you structure your STAR examples. Fill in the template to help you identify and answer the skill your being asked about.**

**There is a slight variation on the standard STAR with this template.**

**For those that don't know STAR stands for**

**Situation**

**Task**

**Action**

**Result**

**The difference with this template is we add an L for what you Learnt from the experience.**

**If you take the time to think of what you learnt from your answer you will show your potential employer that you have actually thought and prepared for this interview.**

# S.T.A.R.L. Example Template

**S** [Remove This Text - Explain what the situation is for the skill. E.g "A time when I had to show excellent communication was when ..."]

**T** [Remove This Text - Explain what the Task was for the skill. E.g "... I was required to explain a new set of skills to a future employer ..."]

**A** [Remove This Text - Explain what Actions you took. E.g "...I removed jargon from my response so the employer could understand me ..."]

**R** [Remove This Text - Explain what Result you took. E.g "...I removed jargon from my response so the employer could understand me ..."]

**L** [Remove This Text - Explain what you Learnt from the experience. E.g "...I learnt to think of my audience and adapt ..."]

# S.T.A.R.L. Example Template

S

T

A

R

L

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